# CURRICULUM VITAE

## 

## Dr Theodora Demetriou

**Consultant Gastroenterologist**

##### BSc MSc MBChB

##### MRCP CCST (UK)

**January 2020**

##### PERSONAL DETAILS

**NAME:** DrTheodora Demetriou

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**DATE OF BIRTH**: 13. 01.74

**NATIONALITY**: Cypriot

**G.M.C NUMBER:** 4745462

**CCST Gastroenterology/ General Internal Medicine:** 10/11/10

**MEDICAL NUMBER CYPRUS:** 4738

**MEMBERSHIPS:** British Society of Gastroenterology, Royal College of Physicians, Cypriot society of Gastroenterology, Cypriot society of General Internal Medicine, European Crohn’s and colitis organisation **(ECCO representative for Cyprus)**, Hellenic society of Gastroenterology

**ACADEMIC DETAILS**

1995 BSc (Hons) Basic Medical Sciences with Anatomy. University of London, Queen Mary & Westfield College.

1996 MSc Neuroscience. University of London, Institute of Psychiatry, King’s College.

2000 MBChB University of Liverpool- Medical School

POSTGRADUATE QUALIFICATIONS

2005 MRCP (UK)

2010 CCST (UK) Gastroenterology and Internal Medicine

2002 A.L.S. Provider (updated September 2006)

2002 A.T.L.S. Provider.

2004 Basic Skills in GI Endoscopy (Mersey School of Endoscopy, March).

2007 Basic skills in Colonoscopy (St. George’s Hospital, 19-21st February)

2007 Paediatric Life support Provider (Kent and Sussex Hospital, 11th May)

2009 Therapeutic endoscopy course (Mersey School of Endoscopy, April)

2011 Capsule endoscopy (Mersey School of Endoscopy, April)

2012 European Advanced Capsule endoscopy (London)

2016-17 Basic life support (European resuscitation council)

2018 Endoscopic Surgical Dissection ESD/ Advanced endoscopy (Royal Free International Advanced Endoscopy Masterclass London)

**CURRENT EMPLOYMENT**

Consultant Gastroenterologist and Hepatologist, Evangelismos Hospital, Paphos, Cyprus **(January 2015 to current date)**

Honorary Consultant Gastroenterologist Whipps Cross University Hospital London

**PAST APPOINTMENTS**

**Paphos General Hospital, Paphos Cyprus (4/5/11 to September 2019)**

Consultant Gastroenterologist, Director of Gastroenterology and Endoscopy Unit

Capsule endoscopy provider for Cyprus Ministry of Health since December 2014

Member of Hepatitis C and IBD Ad hoc

**Whipps Cross University Hospital London (22/10/10 to 30/4/11)**

Consultant Gastroenterologist/ Hepatologist

**London Deanery /South East Specialist Registrar Training ( October 2005-October 2010)**

**National Training Number** LDN/ 018 /609/N

**Guy’s and St Thomas’ NHS Foundation Trust (october 09 to october 10)**

**Consultants : Dr M. Wilkinson, Dr S. Anderson, Dr J. Sanderson, Dr T. Wong, Dr P. Irving, Dr J.Oben**

Outpatient clinics 2/week (general and hepatology clinic)

GI Bleed rota 1 in 6

GIM rota 1 in 6

Endoscopy : independent mixed lists and supervised EPRC

Nutrition round Guys’ Hospital

**King’s Hospital London Liver Unit (1/10/08 to 6/10/09)**

**Consultants: Dr K. Agarwal, Dr M. Heneghan, Dr J.Devlin, Dr JO’Grady, Dr J.Wendon**

Outpatient clinics: 1-2/week (general hepatology/post-transplant/ transition- adolescent)

GI bleed rota/ Liver ITU (May- July)

MDMs: Transplant, HCC, Transition/adolescent.

**Medway Maritime Hospital (3/10/07 to 1/10/08)**

**Consultants: Dr Gray Smith-Laing, Dr Rakesh Aga, Dr Paul Kitchen**

Outpatient clinics:2/week, Endoscopy lists: 2-4/week (1 List ERCP)

General medical rota: 1in 7

MDMs: pancreatobiliary, IBD, Upper GI malignancy, Colorectal cancer

**Kent & Sussex Hospital, Tunbridge Wells (4/10/06 to 3/10/07)**

**Consultant: Dr Adam Harris**

Outpatient clinics:2/week, Endoscopy lists: 2/week

General medical rota: 1in 6

BMA representative/Local negotiating committee member

*Non clinical commitments*: Prepared the trust protocol for upper GI bleeding and the protocol for postoperative management of patients with Crohn’s disease.

Presented the Charm trial ( adalimumab in Crohn’s Disease) at the regional teaching.

Audit lead for UK Audit of Upper GI bleeding and use of blood.

Audit on elemental diet in Crohn’s disease

**Maidstone Hospital, Kent (5/10/05 to 3/10/06)**

**Consultants: Dr George Bird, Dr Paul Powell-Jackson**

Outpatient clinic: 1/ week, Endoscopy lists: 2/ week, ERCP list: 1/ week, Liver biopsy list 1/week

MDM upper and lower GI meetings 2/week, Radiology meetings 1/week

General medical on call rota (1in 6)

*Non clinical commitments*: I set up ‘Medical Hot Cases’, a weekly teaching program for SHOs and participated in MRCP and medical student teaching.

BMA representative for the Trust.

**University College London Hospital**

**SHO Gastroenterology (Feb 2005 to Aug 2005)**

**Consultants: Dr S. Bloom, Dr S. McCartney, Dr L. Lovet**

This busy firm included care of patients with variety of gastrointestinal disease including complex inflammatory bowel disease, and patients requiring nutritional support and infliximab. I also gained experience in the weekly IBD and general gastroentrology clinics. I had a weekly endoscopy list and participated in the upper and lower GI radiology and histology meetings. The firm included the care of adolescents with GI disease on the Adolescent unit and patients with Barrett’s oesophagus treated with photodynamic therapy. I had the opportunity to observe several therapeutic endoscopies and ERCPs from a team of very skilled endoscopists in this unit which received referrals from several other hospitals.

**South Manchester University Teaching Hospitals Medical Rotation**

**Wythenshaw Hospital.**

**SHO Cardiology/ Respiratory Medicine (Aug 2004 to Feb 2005)**

**Consultants: Dr Brooks (Consultant Cardiologist) and**

**Dr Barber (Consultant Respiratory Physician)**

Wythenshaw hospital is a tertiary referral centre for cardiology and respiratory medicine (North West Lung Centre) with a cardiothoracic and transplant site on site. My on call duties(1:6 full shift) included acute referrals from A&E, GPs and other neighbouring district hospitals and direct admissions to the Cystic fibrosis unit. Ward duties included care of care of patients on CCU, general respiratory and cardiology wards and the Cystic fibrosis unit. This included patients admitted for heart-lung transplants. I participated in the weekly chest and cardiology clinics.

**Manchester Royal Infirmary.**

**SHO Renal Medicine (March to Aug 2004)**

**Consultant: Dr M. Venning**

I participated in the Registrar renal rota and was responsible for acute renal referrals from Accident and Emergency, ITU and several district general hospitals in the Manchester region (1:6 partial shift SPR rota).

**Royal Liverpool and Broadgreen hospitals.**

**SHO Medical Rotation (Aug 2002 to March 2004)**

**Haematology (Dec to April 2004)**

**Consultant: Dr P.Chu**

My duties in this post included the care of haematology patients on the bone marrow transplant unit and haematology ward. The patients had a variety of haematological disorders and complications of chemotherapy and bone marrow transplantation. My on call duties (1:6 rota full shift) included care of patients with multiple myeloma, lymphoma and leukaemias both on the wards, day unit and bone marrow transplant unit. I trained to perform Bone marrow aspiration and trephine and had the opportunity to insert several central lines.

**Renal Medicine (Aug to Dec 2003)**

**Consultant: Dr G. Bell**

During this post I was responsible for the care of patients with end stage renal failure on the wards and on the haemodialysis and peritoneal dialysis units. I also assisted in the weekly renal clinic. My on call commitments (1:6 partial shift) included care of patients with acute and chronic renal failure from the wards, acute medical unit, accident and emergency and Renal Transplant unit. I had the opportunity to learn about renal replacement therapy and have become confident in inserting central lines.

**Cardiology (March to Aug 2003)**

**Consultant: Dr J. Hobbs**

My duties included care of patients on the cardiology wards and CCU. I assisted in two cardiology clinics and had a weekly exercise tolerance test list. I also had the opportunity to perform elective cardioversion and attend the coronary angiography lists. My on call commitments included unselected medical admissions though the Acute Medical Unit and Accident and Emergency department and care of patients in the Heart Emergency Centre (1:6 full shift).

**Care of the Elderly (Dec 2002 to March 2003)**

**Consultant: Dr C. Jack**

During this post I was involved in the care of patients in the stroke rehabilitation unit and the care of elderly wards. My on take duties ( 1:6 partial shift) included admissions to the care of the elderly wards through consultant domiciliary visits and the Acute Medical Unit.

**Gastroenterology ( Aug to Dec 2002)**

**Consultant: Professor J. Rhodes & Professor A. Watson**

During my post I was responsible for the care of patients on the gastroenterology wards which included hepatology. I was able to attend upper and lower endoscopy lists and assisted in three weekly gastroenterology clinics. I became confident in therapeutic and diagnostic paracentesis, proctoscopy and rigid sigmoidoscopy. On call commitments: for general medicine 1:6 full shift.

**Merseyside Basic Surgical Training Rotation (Aug 2001 to Aug 2002)**

**SHO Accident & Emergency.**

**Whiston Hospital (Feb 2002 to Aug 2002)**

**Consultant: Mr P. Nee**

My time in this busy District General provided me with confidence to deal with medical and surgical emergencies. I became an Acute Trauma life support provider and was involved in the management of several traumas presenting to our department. Our shifts included night duty during which 2 SHOs were on duty with non-resident SpR cover.

**SHO Orthopaedics.**

**Royal Liverpool University Hospital (Aug 2001 to Feb 2002)**

**Consultant: Mr C. Walker, Mr S. Journeaux, & Mr M. Jane**

During this post I was involved in the postoperative care of critically ill patients with medical complications both on the wards and in the High Dependency Unit. I gained surgical skills such as suturing, joint aspirations, knee arthroscopy and reduction of fractures. I assisted in several knee and hip replacement operations and was on the 1:6 rota which included the trauma calls.

**Pre-registration House officer 2000-2001.**

**Royal Liverpool University Hospital**

Gastroenterology (May to Aug 2001)

Consultant: Dr A. Ellis.

General Medicine / Endocrinology. (Feb to May 2001)

Consultant: Dr I. Casson & Dr T. Purewal

Hepatopancreatobiliary Surgery. (Nov ’00 to Feb ’01)

Consultant: Professor J. Neoptolemos & Professor R. Sutton

Orthopaedics. (Aug to Nov 2000)

Consultant: Mr C. Walker & Mr M. Jane

**ENDOSCOPY EXPERIENCE**

Gastroscopy

Colonoscopy

PEG/ JPEG

GI Stent insertion

Intragastric Balloon Insertion for obesity

Single Balloon enteroscopy

Capsule endoscopy

ERCP

APC/ therapeutic endoscopy

ESD/ EMR advanced endoscopy

###### RESEARCH

BSc project (Department of neuroanatomy): An in vivo study of Ciliary Neurotrophic factor in the treatment of Motor Neuron Disease (1995).

MSc project (Department of Neuropathology): An immunohistochemical study testing the hypothesis that the Apolipoprotein E ε4 genotype is related to the severity of the pathology, in Alzheimer’s Disease (1996).

**PUBLICATIONS**

Experience from small bowel capsule endoscopy in Paphos General hospital from 2014-2018. Demetriou T (2019). Seventh international conference on oncology and anticancer research (ICOAR). Paphos, Cyprus. Abstract book p.14

Experience from small bowel capsule endoscopy in a single centre in Paphos general hospital Demetriou T (2016) Fourth international conference on oncology and anticancer research (ICOAR). Paphos, Cyprus. Abstract book p.16

Gastrointestinal malignancy in Paphos General Hospital from 2012-2014. Demetriou T (2015)

Third international conference on oncology and anticancer research (ICOAR). Paphos, Cyprus.

Abstract book p.17

T Demetriou, J Oben. Intragastric Balloon as endoscopic therapy for obesity: effectiveness and complications. United European Gastroenterology Week Nutrition Poster 26th october 2011

T Demetriou, C Gawad, C.Kok, AW Harris. Two year prospective audit of use of liquid diets as “bridge” therapy for active Crohn’s disease.Gut 2008;57(suppl 1): A18 (Small bowel and nutrition free paper BSG 2008)

T Assari,T Demetriou**,** PF Atkinson, NJ Cairns & PL Lantos. *Apolipoprotein E, Aβ, phosphorylated tau and apolipoprotein E genotype in Alzheimer’s disease.* Neuropathology and Applied Neurobiology**.** 1997; **Vol 23(3**):180

T Demetriou, RM Duberley & I P Johnson. *Minimal effect of CNTF on the ultrastructure of axotomised motoneurons in the adult rat.* Brain Research. 1996; **733:** 312- 317*.*

### **POSTER ORAL PRESENTATIONS**

Experience from small bowel capsule endoscopy in Paphos General hospitalfrom 2014-2018. Demetriou T (2019). Seventh international conference on oncology and anticancer research (ICOAR). Paphos, Cyprus. Abstract book p.14

Colorectal cancer in paphos general hospital May 2011 to 2017. International conference on health and medical sciences and local conference against cancer, 6th ICOAR, 9TH RAHMS, 27TH ICOC 22-27 June 2018 **Presented Capital Coast Paphos, 24/ 6/ 18**

Prevention of colorectal cancer. **Presented at PASYKAF (Cyprus cancer patient society) supported by Cyprus Gastroenterology Society, Paphos 21/3/18**

Capsule endoscopy results 2015-2017 for Cyprus. **Presented at Paphos General Hospital local educational meeting 26/1/18**

Cyprus gastroenterology society conference; Crohn disease case presentation **Limassol 19/11/17**

Management of mild to moderate Crohn disease**. University of Nicosia 20/10/16** (ECCO Nurse training)

Small bowel capsule endoscopy in neoplasia and other disorders. International conference on oncology and anticancer research health and medical sciences and local conference against cancer 4th ICOAR, 7TH RAHMS, 25TH ICOC 6-12 July 2016. **Presented 9/7/16 Azia Hotel Paphos,**

Gastrointestinal malignancy in Paphos General Hospital. Third International conference on oncology and anticancer research health and medical sciences and local conference against cancer, 3rd ICOAR, 6TH RAHMS, 24TH ICOC 1-7 July 2015 **Presented Azia Hotel Paphos,**

**4/7/15**

Treatment of inflammatory bowel disease in pregnancy, Patient conference by Cyprus gastroenterology society and Cyprus association of IBD patients. **Aliathon Paphos 21/3/15**

Three year colorectal cancer audit Paphos General Hospital May 2011- Dec 2013. **Presented at PASYKAF meeting Almyra Hotel Paphos 26/3/2014**

Gastrointestinal malignancy in Paphos General Hospital 2011-2012. International conference on oncology and anticancer research health and medical sciences and local conference against cancer, 1st ICOAR, 4TH RAHMS, 22nd ICOC **Poster presentation Azia Hotel Paphos, 6-12 June 2013**

Intragastric Balloon as endoscopic therapy for obesity:effectiveness and complications, **United European gastroenterology meeting, Poster presentation, Stockholm, Sweden, 22-26 October 2011**

GI cancer screening. **Presented at Paphos general hospital educational conference 26/9/11**

Two year prospective audit of liquid diets (Modulen IBD/ E028) as bridge therapy in Crohn’s disease in Kent and Sussex Hospital between 2005 and 2007. **Oral presentation at British Society Gastroenterology annual meeting 2008**

**The British society of Gastroenterology South Thames Regional Meeting: Brighton 6th July 2006:**

###### 1. T Demetriou, C Kok, AW Harris. Gastroenterology, Kent and Sussex Hospital, Tunbridge Wells, United Kingdom

###### *Prospective Audit of Use of Elemental Diet as a “Bridge” Therapy for Active Crohn’s Disease*.

###### 2. E A Russo, S. J. Rigg, T Demetriou, A. W. Harris. Gastroenterology, Kent and Sussex Hospital, Tunbridge Wells, United Kingdom

###### *An eight-month prospective audit of the amount of sedation used during colonoscopy in patients 70 years and older*

###### AUDITS

Audit on radiological position of dynamic hip screw during operations for fracture neck of femur at the Royal Liverpool Hospital (Oct 2001-Feb2002).

Audit on readmission in Care of the Elderly department in Broadgreen Hospital (Feb 2003-Mar 2003)

Management of severe GI bleeding. Maidstone hospital (May 2006)

Audit lead for Kent & Sussex Hospital: UK Comparative Audit of Upper Gastrointestinal Bleeding and the use of blood

1st May- 30th June 2007

Myenteric plexitis in the prediction of endoscopic recurrence one year after ileocolonic resection (Kent and sussex 2007-08)

Two year prospective audit of liquid diets (Modulen IBD/ E028) as bridge therapy in Crohn’s disease in Kent and Sussex Hospital between 2005 and 2007

Audit of alcohol admissions between Jan09 and February 09 in St Thomas Hospital

Audit of Intragastric Balloon insertion in Non alcoholic fatty liver disease and obesity 2008-2009

Three year gastrointestinal cancer audit Paphos General Hospital May 2011- Dec 2013

Audit of colon cancer results 2011- 2017 Paphos General HospitalAudit of capsule endoscopy results 2015-2017 for Cyprus

**COURSES AND MEETINGS ATTENDED/ CME**

**2005-06**

1/11/05 Royal College of Physicians teach-in: Inflammatory bowel disease

1-2/12/ 05 St Marks hospital Frontiers in Intestinal and Colorectal disease

20-23/06 British Society of Gastroenterology: Annual Meeting

21/4/ 06 UCL Institute of Hepatology- Hepatology

16/6/06 British Society of Gastroenterology: South Thames regional meeting Brighton

4/7/06 London IBD Forum- Royal London Hospital

29- 30/11/2006 St Mark’s hospital: Frontiers in Intestinal and Colorectal disease- fourth annual international congress

**2007**

2/2/07 Falk forum, RCP London: Dilemmas in inflammatory bowel disease

19- 21/2/07 St George’s: Basic skills in colonoscopy course

26- 29/3/07 British Society of Gastroenterology: Annual Meeting Glasgow

19- 20/4/07 31st King’s Liver Disease course

11/5/07 Paediatric life support, Kent & Sussex Hospital

31/5/07 Management of chronic Hepatitis B and drug resistance, Media training- Gilead Birmingham

5/6/07 Resistance Forum: Treatment of antiviral resistance in Chronic Hepatitis B. Royal college of Physicians London/ Gilead

12/6/07 Management of Chronic Hepatitis B- Bristol-Myers Squibb London

22-23/06/07 2nd Annual European Congress: Perspectives in Inflammatory Bowel Diseases, Brussels, Belgium

2/7/07 London IBD Forum

6/7/07 The British society of Gastroenterology South Thames Regional Meeting Brighton

6/9/07 UK IBD Audit: Presentation of UK data-Royal College of Physicians

14/9/07 Diet, Digestion, Health and Disease-Falk forum, Manchester

18/10/07 Pan-london combined paediatric and adult Gastroenterology training day- UCL

**2008**

23/1/08 London IBD Forum

5/2/08 St George’s Gastroenterology teaching day

29/2/08 Immunology of GI and Liver Diseases

10- 13/3/08 British Society of Gastroenterology: Annual Meeting

13/6/08 The British society of Gastroenterology South Thames Regional Meeting Brighton

10/7/08 London IBD Forum

2- 5/9/08 The Leeds Course in Clinical Nutrition

16/10/08 Pan-london combined paediatric and adult Gastroenterology training day- UCL

24-25/10/08 Management Skills Workshop –Trainees in Gastroenterology, Warwick

**2009**

22-24/4/09 Therapeutic endoscopy course – Mersey school of endoscopy

21-26/6/09 8th  Nestle Nutritional institute Clinical nutrition Course; Montreux Switzerland

17/9/09 The failing Gut causes and consequences- Royal College of Physicians

23-24/10/09 Consultant interview process- Trainees in Gastroenterology, Warwick

21-25/11/09 GASTRO 09 European Gastroenterology week/ World Congress of Gastroenterology/BSG- London

30/11/09 Eastern region RCP update in medicine Basildon University Hospital

11-12/12/09 Long term chronic hepatitis B patient management- London

**2010**

18-19/1/10 Leadership/Management course for SpRs Kings College Hospital

25/2/10 Teach the Teachers course St Thomas’ and Guys Hospital

22- 25/3/10 British Society of Gastroenterology: Annual Meeting- Liverpool

**2011**

February British Society of Gastroenterology: Annual Meeting- Birmingham

March European Crohn’s and colitis meeting (ECCO) Dublin

22-26/11/11 United European Gastroenterology week- Stockholm

All meetings from 2012- 2019 listed in Royal College of physicians of London CME diary

##### REFEREES

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